

The TALK Team

The logo consists of a teal speech bubble with a white outline, containing the word "TALK" in white, uppercase, sans-serif font. The bubble is positioned centrally behind the word "TALK" in the main title.

Creating communication for all children

Who are we...

Amy Prince, MA-CCC, SLP, BCBA

Amber Ladd, MA-CCC, SLP, BCBA

Our team...when 6 feet wasn't the rule!



Most importantly...in all this

Remind yourself that we are all human and we are doing the best we can with the time, energy and resources we have been allotted.

If at the end
of the day,
everyone
feels loved,

@thewildwest3

*You have
done
enough.*

thewildwest3.com

BEING A PARENT IS LIKE
FOLDING A FITTED SHEET. NO
ONE REALLY KNOWS HOW.

Lenny Lemons

12 tips for survival

- 1. Take advantage of services offered when you can - and don't be afraid to ask for modification in time or duration**
- 2. Be flexible with where (and when) you work - inside, outside, in bed, in a sheet fort - anywhere you can connect - desks and chairs and tables are not essential to learning!**

12 tips for survival

3. Follow your child's lead - if they like it, you use it

4. Fancy toys are not essential - tupperware and sheets, pots and pans, leaves and sticks - these can all be fun! Play doesn't require toys at all!

12 tips for survival

**5. Work in bite size chunks - 3 minutes 5 times a day is fine!
Make a plan if feeling overwhelmed, write a to do list (nothing better than getting to throw it away!)**

**6. Don't try to do all the ideas at once (overwhelming yourself) and don't expect to replicate their classroom experience.
Learning does not require a classroom.**

12 tips for survival

7. You can fill their “language tank” by describing and commenting (during activities, movies, games, walks) - it doesn’t have to be asking questions. This includes AAC devices!

8. Take one step at a time - one challenging thing at a time. Control what you can in the moment and focus on the rest at a later time.

12 tips for survival

9. Movement is your ally! Get outside: go for a walk and talk about what you see, go on a nature scavenger hunt, count all the blue cars you see.

10. Don't underestimate the power of visuals (even hand drawn). Providing information through multiple modalities can make all the difference for some kids

12 tips for survival

11. Let them help you with the everyday tasks - yes it typically takes longer to do the laundry or make dinner if they help, but you just might have the time (now)

12. Remember to give yourself and your kiddos grace in this difficult time. They aren't giving you a hard time... they are having a hard time and you might be too! Accept help when you can and take time for you.

Websites and Apps that could help

Epic Books - <https://www.getepic.com/>

ABCya - <https://www.abcya.com/>

PBS Kids - <https://pbskids.org/>

<http://mommyspeechtherapy.com/> (for simple articulation sheets)

Vooks - <https://www.vooks.com/parent-resources>

Go Noodle - <https://www.gonoodle.com/>

YouTube- this is our channel and we have a playlist of video shorts:

https://www.youtube.com/channel/UCJO_UZuPtaZHiU52BSrDnWw/playlists?view_as=subscriber

Choiceworks: Choice and Schedule making app -

<https://learningworksforkids.com/apps/choiceworks/>

Find us - we LOVE to brainstorm and help

www.thetalkteam.com

Email - tools@thetalkteam.com

Call - 559-970-8277

Find us on Facebook and Instagram - ideas are our specialty!

<https://www.facebook.com/The-TALK-Team-Creating-communication-for-all-children-157568424329082/>