
The 4P's – Behavior Management

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SWAN CONSULTING INC.
Transforming Futures

The 3 Powerful P's

Praise

Premack Principle

Prompting



Prompting

Adding a little bit of help so the behavior you want to see occur, does occur

Physical guidance

Gesture/Pointing

Modeling

Verbal

Important to FADE prompts that are added

Premack Principle

Do the less preferred thing before getting access to the more preferred thing

(also called Granma's rule).

(Also called First/Then)

First put your clothes away – then watch TV/I-pad

First eat your broccoli – then you get fruit snacks

Praise

Even though you moms and dads – kids still respond to our praise as the number one reinforcer/reassurer

2-5 minutes a day of undivided attention

Be sure to attend to the good stuff!

Make sure it is the right type of praise!

(Praise isn't always “good job” 😊)

Above all – they want your attention and sign of approval.

Planned Ignoring

If a minor “ignorable” behavior is occurring – do NOT give it any attention. Instead, look for an opportunity to redirect the child to something more acceptable and then be quick to praise the alternative, preferable behavior .

Ignore = Undesirable, less preferred behavior

Praise = More desirable, more preferred behavior.

This Works! Stick to your guns though! Giving in will set you back.

If there is a behavior that you cannot ignore for safety reasons, contact your BCBA and we will help with a plan!!